

Bay Shore High School
2016 Girls Spring Track Results

Vol. 1 Ross Goldin Meet @ Bay Shore
Saturday – March 26, 2016 (50 degrees, breezy)

4 x 400 Walk Relay & Rebecca Christie Win at Ross Goldin Meet!!!

The Ross Goldin Meet was started back in 1983 by Coaches Ross Goldin and Coach Steve Borbet, as a developmental meet to open the spring season.

Shot put:

| | |
|-------------------|-----------|
| Imoniri Aghomon | 31'11" |
| Kayla Christie | 31'00" |
| Mafalda Brown | 31'00" |
| Kaylah Napolitano | 25'05.75" |

Discus:

| | |
|-----------------|--------|
| Imoniri Aghomon | 64'00" |
| Kayla Christie | 63'00" |
| Mafalda Brown | 57'00" |

Bay Shore High School
2016 Girls Spring Track Results

Vol. 2 Bay Shore Central Islip @ Bay Shore 1-0
Thursday – March 31, 2016 (48 degrees, windy)

Coach Borrromeo Picks Up First Track Win!!!

Coach Andres Borrromeo picks up his first girls track victory, with a win over Central Islip 115-39. Aviana Goode won both the 100 meter hurdles and the high jump. Sofia Trifoli, Ally Peck, Sydney Carpenter and Catie Surian took the first four places in the 1500 meter run. Nia Singer and Hannah LaForce went 1-2 in the 400, and were 2nd and 3rd in the 200. Falan Boyd placed 2nd in the 100 meter dash. Elisabeth Barnett, Lauren Swanson and Sara Farnan went 1-2-3 in the 1500 meter walk. Caelyn Reilly, Anna PirkI and Lexi Grassia swept the 800 meter run. Erica Martinez and Brianna Bolden went 2-3 in the 400 hurdles. Mafalda Brown, Imo Aghomon and Kayla Christie went 1-2-3 in the shot put. Kaylah Napolitano, Kayla Christie and Imo Aghomon went 1-2-3 in the discus. Elisabeth Barnett won the pole vault. Sydney Tyler was 2nd in the long jump, and Victoria Obasa was 3rd in the triple jump. Kamesha Miller, Bridget Kanaley, Anna PirkI, and Caelyn Reilly won the 4 x 400. Marlee Lopez, Maggie Barbiero, Maila Fowler and Sophia Trifoli won the 4 x 800 meter relay.

Upcoming meets:

Saturday – April 2, 2016 Lindy Relays @ Lindenhurst MS. First bus is at 8:15am. Meet is from 9:30am-2:00pm. Dress for a cool, rainy day.

Tuesday – April 5, 2016 Bay Shore @ Lindenhurst (MS). First bus is at 2:50pm. Meet is from 4:00pm-7:00pm. Dress for a cold, windy day.

Saturday – April 9, 2016 Suffolk Coaches Meet @ Sachem North. Bus will be leaving at 12:00pm. Meet will run from 2:00pm – 8:00pm. Dress warm. Only one bus going to this meet.

Monday - April 11, 2016 Middle Country @ Bay Shore. Meet will run from 4:15-7:00pm. Team meeting at 2:51pm.

Friday & Saturday – April 14-15, 2016 Red Raider Relays @ North Rockland High School. Bus will leave at 9:00am. You are excused after 2nd period. Make sure if you are going on this trip, you pick up an itinerary and permission slip.

100 meter hurdles:

| | | | | |
|--------------|------|-----------------------|------------------|------|
| Aviana Goode | 15.6 | 1 st place | Rebecca Christie | 19.8 |
|--------------|------|-----------------------|------------------|------|

100 meter dash:

| | | | | |
|-----------------------|------|-----------------------|---------------------|------|
| Falan Boyd | 14.0 | 2 nd place | Asia Johnson | 15.6 |
| Aajayiah Hill | 14.3 | | Madison Booker | 15.7 |
| Casey Fusco | 14.6 | | Christianna Maharaj | 15.7 |
| Keyara Nicholson | 14.9 | | Denikel Lawrence | 15.9 |
| Anaya Palmer | 15.0 | | Ociana Boggs | 15.9 |
| ????? | 15.0 | | Evanna Almonte | 16.3 |
| Jada Bush | 15.3 | | Jada Swasey | 16.5 |
| Jahdai Hart-Hernandez | 15.4 | | Keiry Logan | 17.1 |
| Alessia Wilmore | 15.4 | | Kayla Haggerty | 17.2 |
| Elizabeth Nocella | 15.5 | | Juliana Salvador | 20.9 |

1500 meter walk:

| | | |
|-------------------|-----------------------------|-----------------------|
| Elisabeth Barnett | 2:03.2/4:07.9/6:15.6/7:49.1 | 1 st place |
| | 2:03.2/2:04.7/2:07.6/93.5 | |
| Lauren Swanson | 2:03.3/4:18.7/6:34.7/8:17.1 | 2 nd place |
| | 2:03.3/2:15.3/2:16.0/102.4 | |
| Sara Farnan | 2:10.6/4:41.1/7:06.8/8:51.4 | 3 rd place |
| | 2:10.6/2:30.5/2:25.7/104.6 | |
| Amy Schlussler | 2:10.6/4:40.8/7:07.8/8:52.1 | |

200 meter dash:

| | | | | |
|---------------------|------|-----------------------|-----------------------|------|
| Hannah LaForce | 27.3 | 2 nd place | | |
| Nia Singer | 27.4 | 3 rd place | Aliyah Braxton | 33.1 |
| Falan Boyd | 28.7 | | Asia Johnson | 33.4 |
| Sydney Tyler | 29.5 | | Mya Banfield | 33.4 |
| Jazmine Fraser | 30.0 | | Madison Booker | 33.4 |
| Keyara Nicholson | 30.2 | | Jahdai Hart-Hernandez | 33.7 |
| Victoria Obasa | 30.3 | | Kayla Haggerty | 34.0 |
| Giselle Andrade | 30.4 | | Alessia Wilmore | 34.1 |
| Jasiah Diaz | 30.6 | | Jada Swasey | 35.2 |
| | 30.6 | | Ann Surpris | 35.4 |
| Aajayah Hill | 30.8 | | Keiry Logan | 36.1 |
| Christianna Maharaj | 31.4 | | Ociana Boggs | 36.1 |
| Keda Zephern | 31.6 | | Juliana Salvador | 40.0 |
| Elizabeth Nocella | 31.9 | | | |
| Kate Montanez | 32.3 | | | |
| Bazja King | 32.3 | | | |
| Rachel Duran | 32.4 | | | |
| Anaya Palmer | 32.6 | | | |
| Emaree Hinton | 32.8 | | | |

4 x 100 meter relay:

| | | | |
|------------------|--|-------------------|------|
| Falan Boyd | | Victoria Obasa | 62.3 |
| Keyara Nicholson | | Asia Johnson | |
| Aajayah Hill | | Elizabeth Nocella | |
| Hannah LaForce | | Aliyah Braxton | |

Shot put:

| | | |
|-------------------|----------|-----------------------|
| Mafalda Brown | 32'8.50" | 1 st place |
| Imo Aghomon | 31'11" | 2 nd place |
| Kayla Christie | 31'3" | 3 rd place |
| Kaylah Napolitano | 24'4.25" | |
| Majegane Barry | 23'3" | |
| Chyna Frank | 21'6" | |
| Jazlyn Harris | 21'0" | |
| Isabel Karabulut | 19'6" | |

Discus:

| | | |
|-------------------|--------|-----------------------|
| Kaylah Napolitano | 75'4" | 1 st place |
| Kayla Christie | 70'9" | 2 nd place |
| Imo Aghomon | 69'1" | 3 rd place |
| Mafalda Brown | 55'2" | |
| Isabel Karabulut | 46'5" | |
| Chyna Frank | 44'10" | |
| Majegane Barry | 44'7" | |
| Jazlyn Harris | 33'9" | |

High jump:

| | | |
|------------------|------|-----------------------|
| Aviana Goode | 4'6" | 1 st place |
| Rebecca Christie | 4'2" | |
| Denikel Lawrence | 3'6" | |

Pole vault:

| | | |
|-------------------|------|-----------------------|
| Elisabeth Barnett | 7'0" | 1 st place |
| Rebecca Christie | 6'6" | |

Long jump:

| | | |
|----------------------|-----------|-----------------------|
| Sydney Tyler | 14'10.50" | 2 nd place |
| Emaree Hinton | 12'10" | |
| Aliyah Braxton | 12'7.25" | |
| Victoria Obasa | 12'6" | |
| Denikel Lawrence | nm | |
| Brianna Krummenacker | nm | |

Triple jump:

| | | |
|----------------|----------|-----------------------|
| Victoria Obasa | 30'4.50" | 3 rd place |
| Aliyah Braxton | 30'0.25" | |
| Erica Martinez | 28'5" | |
| Sydney Tyler | 26'7" | |

Bay Shore High School
2016 Girls Spring Track Results

Vol. 3 Lindy Relays @ Lindenhurst MS
Saturday - April 2, 2016 (48 degrees, windy, rain)

Bay Shore Girls Win Lindy Relays!!!

Coach Andres Borrromeo picks up first girls invitational victory, with Bay Shore bringing home 50 medals

Mile medley relay:

400m: Hannah LaForce- 63.1
200m: Nia Singer- 29.2
200m: Kamesha Miller- 29.5
800m: Caelyn Reilly- 69.2, 1:48.5, 2:28.1
Total: 4:29.83 3rd place

4 x 200 meter relay:

Keyara Nicholson- 29.1 Anaya Palmer Madison Booker

2 x 1500 meter walk relay:

Elisabeth Barnett- 1:53.9, 3:56.4, 6:00.0, 7:31.6
Lauren Swanson - 1:54.7, 4:07.6, 6:28.9, 8:13.2
Total: 15:45.20 1st place

Amy Schlussler- 8:25.6
Megan Farnan- 8:42.8
Total: 17.09.30 3rd place

Parker Ahmad- 9:35.5
Kayla Cannoyan- 9:43.6
Total: 19:08.10 7th place

4 x 100 meter relay:

Kieyara Nicholson
Jasmine Fraser
Falan Boyd
Aajayiah Hill
Total: 58.55 9th place

Jada Bush
Alessia Wilmore
Ociana Boggs
Jahdai Hart Hernandez
Total: 63.10

Denikel Lawrence
Elizabeth Nocella
Christianna Maharaj
Maidson Booker
Total: 63.50

Asia Johnson

Juliana Salvador

Team Scores:

| | |
|-----------------------|-------|
| Bay Shore | 105.5 |
| Connetquot | 79.5 |
| Huntington | 67 |
| St John | 34 |
| Sayville | 29 |
| North Babylon | 25 |
| Deer Park | 22 |
| Brentwood | 20 |
| Northport | 18 |
| East Hampton | 17 |
| Shoreham Wading River | 16 |
| Lindenhurst | 10 |
| Hampton Bays | 9 |
| Hauppauge | 9 |
| Wyandanch | 4 |

Bay Shore High School
2016 Girls Spring Track Results

Vol. 4 Bay Shore 95 Lindenhurst 39 @ Bay Shore 2-0
Tuesday – April 5, 2016 (38 degrees, cold, windy)

Bay Shore Girls defeat Lindenhurst/Goode & Barnett Win Two Events Each!!!

Bay Shore defeated Lindenhurst 95-39, to remain undefeated with a 2-0 record. The temperature was in the 30's, with a strong wind, making the conditions terrible to try and get any good performances. Aviana Goode won the 100 hurdles with a very quick time of 14.5, which is the fastest time on Long Island this season! Avi also won the high jump, clearing 5'2". Elisabeth Barnett won the pole vault clearing 7'0", and also her specialty, the 1500 meter walk. Her time was 8:24.2, tying with Lauren Swanson. Ally Peck won the 1500 meter run with a seasonal best of 5:20.2. Mafalda Brown won the shot put, with a toss of 33'9". Kaylah Napolitano won the discus with a throw of 74'11". Bridget Kanaley won the 800 meter run with a time of 2:32.3. Freshman Cheyenne Felician won the 400 meter hurdles with a pb 79.8. Ashley Navas won the 3000 meter run running 12:56.0. We did not run any relays because of the severe weather conditions!

Upcoming Meets:

Saturday – April 9, 2016 Suffolk Coaches Meet @ Sachem North. More info to come. Bus will probably be leaving around 12:15pm. Meet will run from 2:00pm – 8:00pm. Dress warm. Only one bus going to this meet.

Monday - April 11, 2016 Middle Country @ Bay Shore. Meet will run from 4:15-7:00pm. Team meeting at 2:51pm.

Friday & Saturday – April 14-15, 2016 Red Raider Relays @ North Rockland High School.